




Mon	Tue	Wed	Thu	Fri
	1 <u>Tai Chi:</u> 8:45am - 9:45am	2 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	3 <u>Tai Chi:</u> 8:45am - 9:45am	4 <u>Chair Yoga:</u> 10:00am - 11:00am
7 <u>Chair Aerobics:</u> 8:45am - 9:45am	8 <u>Tai Chi:</u> 8:45am - 9:45am	9 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	10 <u>Tai Chi:</u> 8:45am - 9:45am	11 <u>Chair Yoga:</u> 10:00am - 11:00am
14 <u>Chair Aerobics:</u> 8:45am - 9:45am 	15 <u>Tai Chi:</u> 8:45am - 9:45am	16 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	17 <u>Tai Chi:</u> 8:45am - 9:45am	18 <u>Chair Yoga:</u> 10:00am - 11:00am
21 NO SENIOR PROGRAMMING 	22 <u>Tai Chi:</u> 8:45am - 9:45am	23 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	24 <u>Tai Chi:</u> 8:45am - 9:45am	25 <u>Chair Yoga:</u> 10:00am - 11:00am
28 <u>Chair Aerobics:</u> 8:45am - 9:45am				Revised 1/11/22

CLASSES, EVENTS & FIELD TRIPS

Monday: Chair Aerobics 8:45 am – 9:45 am

Tuesday: Tai Chi 8:45 am – 9:45 am

Wednesday: Dance Fusion 8:45 am – 9:45 am

Mahjong 10:00 am – 12:00 pm

Thursday: Tai Chi 8:45 am – 9:45 am

Friday: Chair Yoga 10:00 am – 11:00 am

Please visit miamibeachparks.com to see all senior program offerings at various city facilities.

General Information:

DATES CLOSED FOR SENIOR PROGRAMMING:

Monday February 21st — Legal Holiday

For more information or questions please contact:

Scott Rakow Youth Center

2700 Sheridan Ave, Miami Beach, FL | 305-673-7767

Kevin Cobas: kevincobas@miamibeachfl.gov

****Schedules subject to change.***

To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).